



Parkes Public Panorama

Term 2, Week 5 - Tuesday, 23 May 2017

Parkes Public Boys Represent Lachlan at Western Touch Trials!

Hunter Hawke, Kaid Lydford and Ryan Dunford played four very intense games of touch football in Dubbo yesterday. They all showed great talent and sportsmanship.

Kaid and Hunter made the possibles and probables in the afternoon.

Congratulations to Hunter who was selected as a reserve for the Western Region Team.



Hunter, Kaid and Ryan at the trials.



MISSION STATEMENT

Parkes Public School strives for excellence in the education of responsible and respectful students in a safe learning community.



CONTACT US

Principal

Mr Ben Smith

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PARKES NSW 2870

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P&C ASSOCIATION

President

Keri MacGregor: 6863 1155

Secretary

Helen Longhurst: 0428 266 602

Treasurer

Anna Pearce: 0414 699 840

SCHOOL COUNCIL

President

David Bicket: 6862 3608

For Your Information



School Photos

School photos will go home this week. If you have any issues with your photos or order please contact Cliff Dykes Photography on 6342 3070. Thank you and enjoy your photos.

K-2 Fidget Spinner Ban

Please do not allow K-2 students to bring fidget spinners to school as they are becoming an issue in the playground. Thank you.

Week 5 Infants Assembly

1L will be presenting an item at the infants assembly tomorrow Wednesday, 24 May. Parents, relatives and caregivers are welcome to attend.

Thank you, Miss Lee

Found

There was a size 10 sloppy joe, left at Lachlan Cross-country Carnival last Friday. Please call into the office to collect if it is yours.

Pie Drive

Don't forget this year's pie drive is underway. If you need another order form, please call into the office to collect one. Orders will be available until Monday, 5 June. The collection day will be Friday, 23 June from Welcome building on the infants side of Parkes Public School between 8.30am and 3.00pm.

Kindergarten 2018

Enrolments for Kindergarten 2018 are now being taken. Please contact the office on 6862 1702 and leave the details of any child intending to enrol next year. We welcome all students from 4 years and 6 months of age.

Life Education Van

The Life Education Van will be visiting our school on Friday, 9 June until Thursday, 22 June offering all students the chance to attend workshops on healthy living and the dangers of drugs. Please return all permission notes and money to the class teacher as soon as possible. We would really like all students to attend as we will be conducting follow up lessons in class in the weeks after students have attended their session. Students will attend in class groups (times and dates to be advised).

Congratulations Students!! You have earned a PBL Celebration!!!! Thursday, 25 May will be Crazy Sock Day for all students to celebrate respectful, responsible and safe behaviour. So wear your brightest tights, funkiest leg warmers, mismatched socks or whatever your imagination can come up with for your feet!



Mr Smith's Message



Welcome to Week 5!

Once again, we have a busy week ahead!

This week Miss Lee from 1L has been away at 'Train the Trainer' training in CPR and Anaphylaxis. This means that Miss Lee will be qualified to train all of our staff for their annual updates in these emergency care procedures.

Good luck to our netball team for the Schools Cup in Dubbo tomorrow! We know you will represent our school with pride.

Tomorrow afternoon all teaching staff will be involved in a three hour extended professional learning session on 'A framework for understanding poverty'. They will be exploring what works best to improve outcomes and growth in learning for students from under-resourced backgrounds.

Don't forget our Crazy Sock Day, PBL celebration on Thursday!

Good luck in advance to our boys' and girls' football teams who are taking on Middleton Public School next Monday!

Teachers are currently writing student reports for Semester 1 and look forward to sharing student progress over Terms 1 and 2.

We appear to have had a slight increase in students who have been unsure what the pickup and collection arrangements are for them at the end of the day. We understand that sometimes things crop up unexpectedly and best laid plans can be thrown into disarray, which usually means we receive a phone call to pass a message onto children. This is totally fine, and we are grateful for being kept in the loop with these arrangements. Some good ideas to help with day to day arrangements include writing a note and popping it in your child's lunchbox, or even writing it on their hand. Any strategy that will provide the reminder your child needs is welcome. For us at home, we need to make sure the message is delivered when there is no TV, iPod/iPad competing for our attention. This parenting-thing is hard work sometimes, isn't it? Lucky we are all in this together!

With winter fast approaching, please make sure you have any change in details, especially mobile phone numbers, updated with the school so that we can contact you if your child is sick or in cases of emergency. Thank you.

Have a great week, everyone!

Mr Smith



DATES FOR YOUR DIARY

Thursday, 25 May PBL Crazy Sock Day
Friday, 2 June Athletics Carnival
Wednesday, 14 June..... Western Cross-country Carnival
Monday, 19 June P&C Meeting at 6.30pm
June 9 until June 22 Life Education Van
Friday, 30 June..... Last day of Term 2
Tuesday, 18 July..... First day of Term 3

DON'T FORGET

PBL Crazy Sock Day
Thursday, 25 May

P&C Meeting
Monday, 19 June at 6.30pm

Year 6 Canberra Excursion
Money is due and can be paid by instalment

Life Ed Van
\$8 per student now due

Value of the Week

Self-Discipline

What is Self-Discipline?

Self-Discipline means self-control. It is getting yourself to do what you really want to do, rather than being tossed around by your feelings like a leaf in the wind. You don't lose control of yourself when you feel hurt or angry, but decide how you are going to talk and what you are going to do. With self-discipline, you take charge of yourself.

Why Practise Self-Discipline?

When you practise self-discipline, you are controlling your own behaviour so others don't have to. Self-discipline brings you freedom. You get things done efficiently and have order in your life. Without self-discipline, we procrastinate. We eat things we shouldn't. We lose control of our emotions. Then people feel hurt. With self-discipline, life is more peaceful.



Student of the Week



Name: Harmih Turnbull

Age: 12

Class: 6W

Teacher: Mrs Woolstencroft

Favourite activities:

Sport, motorbike riding, gaming, riding bikes and scooters.

Teacher comments:

Harmih is a kind and considerate class member. He tries hard to do his best in all class activities.

What career interests you?

When I grow up I want to be a mechanical engineer.

ICAS COMPETITIONS - MATHEMATICS AND ENGLISH

These competitions are for students in Years 3-6.

The closing date for entry in the following competitions is **Wednesday, 7 June**

The competitions will be held on the following dates:

- ♦ Mathematics - Tuesday, 15 August
- ♦ English - Tuesday, 1 August



MATHEMATICS COMPETITION

I give permission for my child/ren:

_____ Class _____
_____ Class _____
_____ Class _____

to participate in the **2017 Australasian Schools Mathematics Competition.**

Please find enclosed **\$9.00** entry fee for each child.

Parent/carer _____

Date _____

ENGLISH COMPETITION

I give permission for my child/ren:

_____ Class _____
_____ Class _____
_____ Class _____

to participate in the **2017 Australasian Schools English Competition.**

Please find enclosed **\$9.00** entry fee for each child.

Parent/carer _____

Date _____

Canteen News

A big thank you to all the wonderful people who have helped and are helping in the canteen.

If you have time to spare (even short-term) to help in the canteen please see Belinda or phone the school on 6862 1702. Helpers are always needed and greatly appreciated.

Athletics Carnival - Friday, 2 June

- The canteen will be open at the carnival and on the infants side. The infants canteen will operate as normal.
- Students going to the carnival are encouraged to pre-order their lunch as there will only be a limited amount of hot food available on the day.
- Parents and spectators can buy soup, hot food and hot drinks on the day as well as other usual canteen items. Alternatively orders can be placed with their child's order.
- Late orders may not be able to be filled. Please return order form below to avoid disappointment!

Helpers needed for the carnival. If you can help please fill in the following.

Name _____

Phone number _____

Time available _____

Thank you, Belinda

Athletics Carnival Canteen Order * Friday, 2 June *

(No late orders accepted -
must be in by Tuesday, 30 May)

Name _____

House _____ Class _____

____ x Hot Dog @ \$2.50 each \$_____

____ x Sausage Roll @ \$3.50 each \$_____

____ x Pie @ \$4.00 each \$_____

☐ BBQ sauce ☐ Tomato sauce ☐ No sauce

Drinks - all \$2.00 each

____ Apple Juice ____ Lemonade ____ Chocolate Milk

(Other drinks will be available on the day)

\$_____

Total Order \$_____

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(No late orders accepted -
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Name _____

House _____ Class _____

____ x Hot Dog @ \$2.50 each \$_____

____ x Sausage Roll @ \$3.50 each \$_____

____ x Pie @ \$4.00 each \$_____

☐ BBQ sauce ☐ Tomato sauce ☐ No sauce

Drinks - all \$2.00 each

____ Apple Juice ____ Lemonade ____ Chocolate Milk

(Other drinks will be available on the day)

\$_____

Total Order \$_____

Sport News

PSSA Netball Report

Last Tuesday the Parkes Public School Girls Netball Team travelled to Dubbo to play the next three rounds of the PSSA knockout competition.

Our first game was against Condobolin Public School. The girls had a great start to the match finishing the first quarter 8 goals in front. By the end of the first game the score finished up 24-2.

After a 20 min break the girls moved onto the fourth round of the knockout competition. Their next opponent was West Wyalong. It was an extremely hard fought match with both teams struggling hard to keep possession of the ball. West Wyalong was too fast and their shooters too accurate on the day winning 23-8.

Our last game for the day was played in great spirit against Nyngan Public School. With the girls down by over 10 goals at half time they had to work super hard to bring the game back to a draw at fulltime 15 all. Their determination and exceptional team work during the game was wonderful to watch.

The knockout day saw 16 teams compete with West Wyalong being the eventual winners of the day.

From the 160 players attending the day a squad of 14 girls was chosen to trial for the Western Team. Congratulations to Ellen Dolbel, who was selected as part of the squad and will trial for the Western Team later in the term in Dubbo.



2017 Parkes Public School Girls' Netball Team

Sport News

Lachlan Cross-country 2017

Last Thursday 24 Parkes Public School students travelled to Forbes Racecourse to compete in the Lachlan Cross-country Carnival hosted by Forbes Public School. Students represented our school in the 8/9's through to the 12/13's division.

Junior runners completed the 2km course while the senior students ran 3km. Being quite a warm day it was quite a challenge just to complete the course. All students ran well and should be proud of their efforts.

Nine of our athletes are now moving on to represent Lachlan District at the Western Carnival, held in Geurie on Wednesday, 14 June. These students placed in the top six of their age divisions:

10 years boys - Jack Pinkstone (4th)

10 years girls - Shaykharn Hornery (3rd), Tia Dunn (4th)

11 years boys - Kane Nutley (5th)

11 years girls - Ellen Dolbel (5th), Zoe Anderson (6th)

12/13 years boys - Ryan Dunford (2nd), Liam Moody (3rd)

12/13 years girls - Heidi Parkin (1st)

We wish all of our students the very best of luck, as they represent Lachlan District at the Western Carnival.

Mr Roberts, Cross-country Coordinator

Parkes Public School Boys' Touch Football Team

Congratulations to the following students who have been selected in the Parkes Public School Boys' Touch Football squad: Kaid Lydford, Ryan Dunford, Hunter Hawke, Ashton Bennie, Dylan Wood, Liam Moody, Cody Kirk, Gabe Goodrick. Reserves: Flynn Thompson, Jack Nutley, Ewan Moody.

Training will be subject to change depending on the availability of our coaches David Cooper and Don Green. Keep an eye out for training days and times on Facebook and in the school newsletter.

Our first training will be held this Thursday, 25 May. This training will be held at lunch time on the primary grass. Training is compulsory. If you cannot make training please let me know.

I look forward to an exciting season of touch, with our team playing for enjoyment and showing excellent sportsmanship.

Miss Richardson

Athletics Carnival

Our Annual Athletics Carnival will be held on Friday, 2 June. Students will need to be dropped off at Northparkes Oval by 8.45am ready for a 9.00am carnival start. Bus students will be dropped at the oval by bus in the morning. On arrival, students will need to have their names marked off by their class teacher.

Students will go home from Northparkes Oval. Bus students will catch their normal bus home from Northparkes Oval.

A canteen is operating on the day and students can pre-order lunch. Students will need to bring recess and lunch, if not ordering from the canteen, wear their sport uniform, bring a hat and a water bottle.

The program for the day will be handed out early in Week 6.

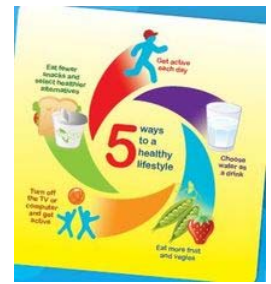
We are looking for parent helpers who can assist with time keeping. Please return the following slip if you will be available to assist on the day.

Tracey Newbigging

✂ -----

I, _____ am available to assist with time keeping.

Student's name _____ Phone number _____



Did you know?

- In NSW, only about a quarter of children aged between 5 and 15 years do at least 60 minutes of moderate to vigorous physical activity each day
- Boys in Years 6, 8 and 10 are more active than girls, however physical activity declines with age.

Why get active?

Regular physical activity is an important part of getting healthy and staying healthy.

Encouraging kids and teens to be active from a young age sets good habits early on and helps them develop the skills they need to stay active throughout their lives.

Regular physical activity helps kids and teens to:

- grow and develop healthily
- build strong bones and muscles
- improve balance and develop skills
- maintain and develop flexibility
- achieve and maintain a healthy weight
- improve cardiovascular fitness
- reduce stress and feel more relaxed
- improve posture
- boost confidence and self-esteem
- have fun with their friends and make new ones.

Kids and teens who don't get enough physical activity are at a greater risk of becoming overweight or obese. This makes it harder for them to be active and keep up in sport or play.

Community Noticeboard



Expression of Interest

Here at Parkes Outside School Hours Care we thoroughly enjoy caring for your children in our after school care program.

We would love to hear your feedback in regards to offering a before school care program for your children.

Please contact us if you are interested or you would like some more information.

Phone: 0428 770 760
Email: laclanoshc@gmail.com
Facebook: @parkesoshc

Parkes Reading Day

Fee fi fo fum!

READING is for EV'RYONE

Grandma, Pop or Mum
and Dad

With them READING

Baby's glad.